

## Aquatic Center Schedules and Lane Reservations

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	Lap Swim		Lap Swim	Lap Swim	Lap Swim	Closed	Closed
6:00 AM							
7:00 AM	CCC Aerobics		CCC Aerobics		CCC Aerobics		
8:00 AM	Aqua Stretch & Strengthen 8:15	Coast Guard (3 Lanes)	Aqua Stretch & Strengthen 8:15	Coast Guard (3 Lanes)	Aqua Stretch & Strengthen 8:15		
9:00 AM	Fam Swim	Fam Swim	Fam Swim	Fam Swim	Fam Swim	Lap Swim	Open Play
10:00 AM	Arthritis		Arthritis		Arthritis		
10:30 AM			Coast Guard (3 Lanes)				
11:00 AM	CCC Aqua Aerobics		CCC Aqua Aerobics		CCC Aqua Aerobics	Lap Swim	Open Play
12:00 PM							
1:00 PM	Open Play	Open Play	Open Play	Open Play	Open Play	Slide Open	Slide Open
2:00 PM							
3:30 PM							
4:00 PM		AHS 4 lanes 4:00-5:30	AHS 4 lanes 4:00-5:30	AHS 4 lanes 4:00-5:30	AHS 4 lanes 4:00-5:30	Closed	Closed
4:30 PM		Swim Less 1 lane	Swim Less 1 lane	Swim Less on 1 lane	Swim Less 1 lane		
5:00 PM	Slide Open	NCSC 3 lane 5:30-7:00	Slide Open	NCSC 3 lane 5:30-7:00	Slide Open		
6:00 PM							
7:00 PM							