



Winter 2012 (January 2nd-March 25th)

Studio Cycling Schedule

All cycling classes are 55 minutes.
Each class has bikes for 14 participants.

Time	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
5:30-6:30am	N O	Studio Cycling Class <i>Deb P.</i>	Studio Cycling Class <i>Deb S.</i>	Studio Cycling Class <i>Deb P.</i>	Studio Cycling Class <i>Deb. S</i>	Studio Cycling Class <i>Deb P.</i>	
9:00-10:00am	C L A S	Studio Cycling Class <i>Grace</i>	Studio Cycling Class <i>Misty</i>	Studio Cycling Class <i>Grace</i>	Studio Cycling Class <i>Misty</i>	Studio Cycling Class <i>Alyson</i>	Studio Cycling Class <i>Alyson</i>
10:00-11:00am	S E S						
5:30-6:30pm	S U N D	Studio Cycling Class <i>Dee</i>		Studio Cycling Class <i>Dee</i>		Studio Cycling Class <i>Dee</i>	
6:30-7:30pm	A Y		Studio Cycling Class <i>Dee</i>		Studio Cycling Class <i>Deb S.</i>		

Class Prices

Land & Water Pass-No Charge

Punch Card pass rate- \$4

Drop-in rate-\$6

