

Youth Flag Football 2019
Participant Reference Guide

- **Description:** This program is designed to help children learn the basics of Flag Football, including the fundamentals of throwing, blocking, flag pulling, running and teamwork. Players will play at least half of each game.
- **Season Dates:** August 19th – October 19th
- **Gender:** Boys only
- **Divisions:**
 - K – 1st Grade
 - 1st – 2nd Grade
 - 2nd – 3rd Grade
 - 3rd – 4th Grade
- **Cost:** \$55.00
- **Registration Opens:** May 1st
- **Registration Closes:** August 2nd
- **Coaches Meeting:** August 15th at the Astoria Recreation Center (1555 W Marine Dr., Astoria, 97103)
- **Practice Schedule:** Weekday evenings, twice a week until games start, once a week after games start; based on coaches availability and discretion
- **Parent Meeting:** August 19th
- **Practices Begin:** August 19th
- **Game Schedule:** Usually two games per week, one on a weekday evening and one Saturday morning
- **Game Schedule Posted:** August 29th
- **Games Begin:** September 7th
- **Picture Day:** September 14th
- **Location:**
 - **Practice Possibilities:** Niemi Field, Columbia Field, Astoria Middle School
 - **Games:** CMH Field
- **Uniform:** Performance T-shirt provided (first game); athletic shorts and shoes should also be worn, spikes/cleats are optional
- **Equipment:** Provided; bringing your own football is optional
- **Coach Contact:** Provided once the season begins
- **Staff Contact:** LeRoy Woodrich, Recreation Coordinator
 - Phone: 503-325-7275
 - Email: lwoodrich@astoria.or.us
- **Communication Expectations:** Participants will be contacted via email, by LeRoy Woodrich, Recreation Coordinator, with team and coach information prior to the start of the session. Please ensure your contact information is up to date. Participants will also be emailed the game schedules, once released, and will be emailed subsequent changes to the game schedule, as needed. Coaches are responsible for contacting their players regarding practice schedules and practice schedule changes.
- **Drop Off and Pick Up Policy:** Please check in with your participant's coach when dropping off or picking up. Parents and guardians of children ages 11 and younger should remain with their participant during practices and games. It is the parent and guardian's responsibility to ensure children are picked up by the appropriate party – please let your coach know of any pick-up changes.

- **Inclement Weather Policy:** The Astoria School District can close schools and fields as necessary in the case of severe weather. Please check the Astoria Parks website (www.astoriaparks.com), as notifications regarding schedule changes will be posted on the website by 3pm the day-of, and appear on the homepage and the main-page for the affected sports. Games not cancelled by 3pm are determined playable or not by the officials and head coaches, thus last-minute cancellations may still occur.
 - **Lightning Policy:** Officials and coaches make decisions based on recommendations from the National Severe Storms Laboratory (NSSL) using the flash-to-bang method. If a thunder clap is heard within 30 seconds of the lightning flash, then all games and practices are suspended for a minimum of 30 minutes. If a suspension occurs due to lightning, individuals should leave the site and seek refuge in a safe location.
- **Survey:** At the end of the season, participants will receive a short survey via email. As we are continually striving to increase the quality of our programs and improve customer service, we truly value your feedback. Please let us know how we did!